


Chartwells School Dining Services
St Elizabeth Elementary
January 1 – January 31, 2012
Lunch Price \$2.60

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 Bosco Sticks Marinara Sauce Sweet Peas Warm Apple sliced Choice of Milk	4 Beef Ravioli & Meat Sauce w/breadstick* Seasoned Green Beans Tropical Fruit Choice of Milk Lucky Tray Day	5 Warm Crispy Chicken* Ranch Salad w/ Croutons & Dinner Roll Orange Wedges Choice of Milk	6 Cheese Pizza* Tossed Salad w/ Vinegar & Oil Dressing Fresh Cantaloupe Choice of Milk
9 Breaded Chicken Sandwich Baked Tater Tots Fresh Local Apple Choice of Milk	10 Nacho w/Spicy Meat, Cheese ,Lettuce & Salsa made w/fresh local tomatoes Rice & Beans Chilled Pineapples Choice of Milk	11 Turkey Hot Dog on a bun w/ Oven Fries Seasoned Peas & Carrots Chilled Applesauce Choice of Milk Lucky Tray Day	12 Sloppy Joe on a Bun Seasoned Corn Orange Smiles Choice of Milk	13 Pepperoni Pizza* Fresh Cucumber Slices w/ Ranch Dip Chilled Applesauce Choice of Milk
16 French Toast Sticks w/ Sausage links Romaine Salad Chilled Mixed Fruit Choice of Milk	17 Chicken Taco w/ Salsa Seasoned Corn Fresh Apple Choice of Milk	18 Balanced Choices Meal: Pasta & Italian Meat Sauce Seasoned Green Beans Chilled Pineapples Choice of Milk Lucky Tray Day	19 Sack Lunch Available	20 Sack Lunch Available
23 No School	24 Popcorn Chicken Seasoned Rice Glazed Carrots Chilled Pears Choice of Milk	25 Goulash Tossed Salad w/Vinegar & Oil Dressing Banana/Garlic Toast Choice of Milk Lucky Tray Day	26 Cheesy Macaroni w/diced Ham Watermelon slice Romaine salad blend Dinner Roll/Choice of Milk	27 Pepperoni Pizza* Seasoned Peas Chilled Mixed Fruit Choice of Milk
30 Hot Ham & Cheese On Whole Grain Bun Crispy Tater Tots Chilled Pears Choice of Milk	31 Beef Taco Shredded Lettuce/Cheese Refried Beans Chilled Peaches Choice of Milk			
Alternate Lunches				
Daily: Vegetarian Salad* Offered w/ Fresh Baby Carrots, Fresh apple, and Milk				
Mondays: Yogurt & Cracker Stackers Fun Lunch (Yogurt Cup, Ham, Cheese, Crackers), Baby Carrots, Fresh Apple, and Milk	Tuesdays: Cheeseburger on Bun Fresh Grapes Cucumber Slices Milk	Wednesdays: Cereal Fun Lunch: Frosted Mini Wheats Cereal* w/ Hard Boiled Egg, 100% Fruit Juice, Green Pepper Strips and Milk	Thursdays: Balanced Choices Meal: Junior Ham & Cheese Sub w/ celery sticks, Fresh Cut Oranges, and Milk	Fridays: Soft Shell Taco's w/ Shredded Cheddar, Romaine lettuce, Salsa, Fresh Banana, and Milk

 *This menu item is made with whole grain.

Daily Milk Choices Include: Skim White, Fat Free White, Fat Free Chocolate

Menu Questions or Comments? Please contact Food Service 989-868-9864 ext 2225

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