

Chartwells School Dining Services St Elizabeth School December 1 – December 31, 2011 Lunch Price \$2.60

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Warm Crispy Chicken* Ranch Salad w/ Croutons & Dinner Roll Orange Wedges Choice of Milk	2 Cheese Pizza* Tossed Salad w/ Vinegar & Oil Dressing Fresh Cantaloupe Choice of Milk
5 Breaded Chicken Sandwich Baked Tater Tots Fresh Local Apple Choice of Milk	6 Nachos w/Spicy Meat, Cheese, Lettuce & Salsa made w/fresh local tomatoes Rice & Beans Chilled Pineapples Choice of Milk	7 Turkey Hot Dog on a bun w/ Oven Fries Seasoned Peas & Carrots Chilled Applesauce Choice of Milk *Lucky Tray Day	8 Sloppy Joe on a Bun Seasoned Corn Orange Smiles Choice of Milk	9 Pepperoni Pizza* Fresh Cucumber Slices w/ Ranch Dip Chilled Applesauce Choice of Milk
12 French Toast Sticks w/ Sausage links Romaine Salad Chilled Mixed Fruit Choice of Milk	13 Chicken Taco w/ Salsa Seasoned Corn Fresh Apple Choice of Milk	14 Balanced Choices Meal: Pasta & Italian Meat Sauce Seasoned Green Beans Chilled Pineapples Choice of Milk *Lucky Tray Day	15 Baked Breaded Chicken Nuggets* w/ Biscuit Mashed Potatoes w/ Gravy Orange Wedges Choice of Milk	16 Cheese Pizza* Romaine Salad Chilled Applesauce Choice of Milk
19 Meatballs Buttered Noodles Green Beans Chilled Peaches Choice of Milk	20 Popcorn Chicken Seasoned Rice Glazed Carrots Chilled Pears Choice of Milk	21 No School	22 No School	23 No School
26 No School	27 No School	28 No School	29 No School	30 No School

Alternate Lunches

Daily: Vegetarian Salad* Offered w/ Fresh Baby Carrots, Fresh apple, and Milk

Mondays:
Yogurt & Cracker Stackers
Fun Lunch (Yogurt Cup, Ham, Cheese, Crackers), Baby Carrots, Fresh Apple, and Milk

Tuesdays:
Cheeseburger on Bun
Fresh Grapes
Cucumber Slices
Milk

Wednesdays:
Cereal Fun Lunch: Frosted Mini Wheats Cereal* w/ Hard Boiled Egg, 100% Fruit Juice, Green Pepper Strips and Milk

Thursdays:
Balanced Choices Meal:
Junior Ham & Cheese Sub w/ celery sticks, Fresh Cut Oranges, and Milk

Fridays:
Soft Shell Taco's w/ Shredded Cheddar, Romaine lettuce, Salsa, Fresh Banana, and Milk

*This menu item is made with whole grain.

Daily Milk Choices Include: Skim White, Fat Free White, Fat Free Chocolate

Menu Questions or Comments? Please contact Food Service at 989-868-9864 ext 2225

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